

Homemade Dog Treats

Homemade dog treats are a fun way to create a healthier option for your pets. These recipes are fun, easy, and affordable! Whip them up for your dog to show them that you care.

Pumpkin and Oat



Ingredients:

$\frac{3}{4}$ cup pumpkin puree

$\frac{1}{4}$ cup water

2 $\frac{1}{2}$ cups oats

Additional oats as needed for rolling

Instructions:

1. In a large bowl, combine the pumpkin puree and water. Stir well to combine.
2. Add the 2 $\frac{1}{2}$ cups of oats to the pumpkin mixture and stir well to fully mix the ingredients.
3. Using your hands, roll the mixture into small spheres and set them aside.
4. After you've rolled the mixture into spheres, spread the additional oats on a plate, and roll the spheres in these oats to create a "coating" on the outside.
5. Refrigerate the finished treats for 24 hours before serving to firm the pumpkin puree.

Frozen Apple Dog Treat



Ingredients:

2 Apples

1 cup Greek Non-fat Plain Yogurt

Water

Instructions:

1. Slice 2 apples into small pieces but remove the seeds and the core.
2. Mix the apple slices, yogurt, and a splash of water in your blender and blend until you get a liquid consistency.
3. Pour the mixture into an ice cube tray and freeze for a few hours or until hard.

This recipe makes 16 treats if using a standard ice cube tray.

Peanut Butter Dog Treats



Ingredients:

- 2 cups flour
- ½ cup smooth peanut butter
- 2 eggs
- ¼ cup water

You can use other kinds of peanut butter such as chunky, but if you do you'll probably need to add more water to the mixture in order to make it into workable dough.

Instructions:

1. Preheat your oven to 180°C (350°F).
2. Mix together your flour, peanut butter & eggs in a large bowl until slightly combined.
3. Add in a little bit of water (approximately one Tbsp. at a time) until the mixture becomes wet enough to roll out as dough.
4. Roll out your dough & cut out your favourite shapes with some cookie cutters.
5. Place your treats onto your baking sheet & cook for about 15 minutes. For a little bit of crunch I like to take mine out once the bottoms start to darken.

A glass can be used as a cookie cutter for small sized treats. For storage these can be kept in the pantry for a week. Since this recipe makes so many treats, keep half in the pantry and freeze the other half for later.

Chicken Dog Treats



Ingredients:

- 1 cup cooked, finely diced chicken
- ½ cup rice, cooked & mashed
- 3 tablespoons rice flour
- 1 tablespoon parsley
- 1 egg

Instructions:

1. Preheat oven to 180°C (350°F)
2. Mix together all ingredients and stir well.
3. Spoon into silicone moulds.
4. Bake for 20 - 30 minutes, until tops are golden brown.
5. Allow to cool and remove from moulds.

Store in the fridge for up to 5 days or in the freezer for up to 3 months

Most dogs don't really care if you bake - they just want a snack. The frozen chicken dog treats are even EASIER and just as delicious.

Frozen Chicken Dog Treats



Ingredients:

- 1 cup cooked, finely diced chicken
- ½ cup rice, cooked
- 1 cup chicken stock
- 1 tablespoon parsley

Instructions:

1. In a blender or food processor, blend together all ingredients.
2. Spoon into silicone moulds.
3. Place in freezer until solid.

If you're not fussy about how they look Just mix the chicken, rice & parsley together, spoon it into the moulds, then pour stock over them.

Easy Two-Ingredient Dog Treats



Ingredients:

- 2 cups 100% organic whole wheat flour (or wheat germ, rolled oats - or a mixture of these)
- 2 (120 gram) jars of pureed baby food beef, blueberry, sweet potato, chicken, etc.

Instructions:

1. Preheat oven to 180°C (350°F).
2. Mix ingredients together to form a stiff dough. If necessary, add extra flour or water as needed.
3. On a lightly floured surface, roll dough out evenly until it's about ¼ inch thick. Use cookie cutters to cut into desired shape or a pizza cutter to make cubes.
4. Line a cookie sheet with parchment paper, place treats about ½ inch apart. Bake for 20 – 25 minutes.
5. Allow to cool completely before storing in a paper bag (storing in an air-tight container will make them soft, but they're still edible).

Consider getting creative and including tasty surprises like grated carrots or sweet potatoes, parsley, blueberries, bananas, etc. - whatever non-toxic fruits or veggies your dog likes.

Sweet Potato Fries for Dogs



Ingredients:

- 1 Sweet Potato
- 1 tablespoon Coconut Oil (melted)
- Spices - Turmeric, Cinnamon

Instructions:

1. Preheat oven to 220°C (425°F)
2. Wash and peel the sweet potato
3. Cut the sweet potato into evenly sized long skinny (fry shaped) pieces
4. Coat with oil and spices - Mix in a large bowl or Ziploc bag
5. Place fries on baking sheet in one layer
6. Bake for 15 minutes
7. Flip over fries for even baking
8. Bake for another 10 - 15 minutes

Let cool before giving to your dog!

Cheesy Bone Treats



Ingredients:

- 4 cups of flour
- 2 cups of shredded cheddar cheese
- 2 tablespoons - ¼ cup of oil
- 1 ⅓ cups of water
- Optional: 1 egg or use whole dried egg (powder)*

Instructions:

1. Combine flour and cheese.
2. Stir in oil and water. Adjust liquid as necessary to make stiff dough.
3. Roll on floured cutting board to 1cm thick.
4. Cut with bone shaped cutter.
5. Placed on ungreased cookie sheet.
6. Bake for 2 ½ - 3 hours in 120°C (250°F) oven until thoroughly dry.

Raw Turmeric Liver Treats



Ingredients:

500 grams raw liver. Lamb, pork, beef, or other liver.
½ cup turmeric powder.
⅓ cup organic virgin coconut oil.
3 tablespoons peppercorns.

Instructions:

1. Cut the liver into uniformly sized chunks, 1 - 2 inches in either direction. It's a pretty disgusting task, so I highly recommend poultry shears.
2. Bake Toss them into a food processor. Add in the coconut oil, turmeric, and whole peppercorns. The processor action will grind the peppercorns. Pulse until well combined and of a smooth consistency. You may have to use a rubber scraper to scrape the sides a time or two.
3. Divide mixture evenly into a silicone mould/tray.

Depending on the size of your moulds, the treats may need to split the treats in half or quarters after freezing.

Apple Carrot Treats



Ingredients:

1 cup of whole wheat flour
1 cup of grated carrots
1 egg
½ cup unsweetened apple sauce

Instructions:

1. Preheat oven 180°C (350°F)
2. Mix ingredients together until dough forms.
3. Roll dough into small balls and place on a cookie sheet lined with parchment paper. 4. Press dough down slightly so the biscuits are about ¼ inch thick.
5. Bake until golden brown and let cool on a wire rack.

If the dough is really sticky, add a few more tablespoons of flour. ½ teaspoon of salt can be added to these treats to help extend the shelf life but, it is optional.

Pumpkin Apple Dog Treats



Ingredients:

- 4 - 4.5 cups oatmeal
- 1 medium apple
- 1 egg
- 1 cup canned pumpkin

Instructions:

1. Preheat oven to 200°C (400°F)
2. Grind the oatmeal down in a food processor or blender. Transfer to mixing bowl.
3. Core apple, being sure to remove all of the seeds. Grate apple, and add to bowl with oatmeal.
4. Add egg and canned pumpkin to bowl and mix well to combine. The mixture will be thick and slightly sticky.
5. On a surface dusted with oatmeal (ground or not, your choice) roll the dough out to approximately ½" thick. Use a cookie cutter to cut dough into shapes, and transfer to a lined baking sheet.
6. Bake for approximately 12-15 minutes, or until golden and crispy. Allow to cool to room temperature.

Store in an airtight container for up to a week.

Frozen Pumpkin Treats



Ingredients:

- 1 can 100% pure pumpkin puree
- 1 cup plain yogurt
- ½ cup peanut butter

Instructions:

1. Blend all three ingredients until smooth.
2. Pour into ice cube tray
3. Freeze for 12 hours

Pumpkin Carrot Bites



Ingredients:

- ¾ cup canned pumpkin
- 1 egg, slightly beaten
- ¼ cup shredded carrots
- 1 cup whole wheat flour

Instructions:

1. Preheat oven to 180°C (350°F)
2. Stir pumpkin, egg, carrots and flour in a large bowl until moistened.
3. Roll the batter into small balls and place on a baking sheet.
4. Bake for 30 - 35 minutes.

Store these treats in your refrigerator for longer shelf life. Pumpkin Carrot Bites for dogs are crispy on the outside and chewy in the middle.

Peanut Butter Milk Treats



Ingredients:

- 1 cup peanut butter
- 1 cup skim milk
- 1 tablespoon baking powder
- 2 cups whole wheat flour, plus more for cutting out the cookies

Instructions:

1. Preheat the oven to 190°C (375°F)
2. In a medium-size mixing bowl, combine the peanut butter and milk. Drizzling the milk in slowly will allow you to combine it more efficiently.
3. In another large mixing bowl, combine the baking powder and whole-wheat flour.
4. Slowly add the dry ingredients to the peanut butter-milk mixture. Combine all of the ingredients until thoroughly mixed.
5. On a sheet of parchment paper, sprinkle a tiny bit of wheat flour on the surface and roll out the dough to reach your desired dog treat thickness. Using your dog bone cookie cutters, cut out dog treats and place them onto a greased cookie sheet.
6. Bake for 15 to 20 minutes.

Best of Breed Dog Biscuits



Ingredients:

- 2 cups whole wheat flour
- 1 cup rolled oats, regular or quick
- 1 tablespoon dried parsley or 2 tablespoons chopped fresh parsley
- ½ cup non-fat dry milk
- ½ teaspoon salt
- 2 eggs
- 1 cup peanut butter - crunchy or plain
- ½ cup + water

Instructions:

1. Put the following in a mixing bowl: whole wheat flour, rolled oats, parsley, dry milk, salt. Stir to combine.
2. Add eggs and peanut butter. Stir to combine; the mixture will be crumbly.
3. Add ½ cup + 1 tablespoon cold water, or enough to make a cohesive dough.
4. Drop the dough in walnut-sized balls onto a lightly greased or baking paper sheet. Flatten to about ¼" thick.
5. To cut out dog bone biscuits, roll the dough about ¼" thick. No, it's not pretty; it'll develop cracks all over, and very ragged edges. No worries; trust me, your dog won't care about looks.
6. Cut with a 3 ½" cutter (or the size of your choice). Gather and re-roll the scraps, and continue to cut biscuits until you've used all the dough.
7. Lay the biscuits close together on the prepared baking sheets. Since the biscuits don't include any leavening (baking powder, yeast, etc.), they won't spread much.
8. Bake the biscuits for about 40 to 60 minutes, baking the smaller cookies for the shorter amount of time, the larger biscuits for the longer amount of time.

When finished, the biscuits will be dark golden brown, and will be dry and crisp all the way through.

Diabetic Dog Treats



Ingredients:

- ½ cup whole wheat flour
- 2 eggs
- 1 ½ pounds beef liver, cut into pieces

Instructions:

1. Preheat the oven to 180°C (350°F). Line a pan with baking paper.
2. Place the liver into a food processor. Pulse until finely chopped. If you have room, add the flour and eggs, and process until smooth. Otherwise, transfer to a bowl, and stir in the flour and eggs using a wooden spoon. Spread evenly in the prepared pan.
3. Bake for 15 minutes in the preheated oven, or until the centre is firm. Cool, and cut into squares using a pizza cutter.

The treats will have a consistency similar to a sponge. Store in a sealed container in the refrigerator.